

Grade
Belt
Tachi-waza
Kansetsu-waza
Performance
Combination
Randori
Personal Choice
Translation

9th to 10th Mon
Harai-goshi
Uchi-mata
Ude-gatame
Waki-gatame
Any technique with Ko-uchi-gake
4 minutes
4 waza individually and linked (including tachi, ne, kaeshi)
Above only

9th to 10th Mon
Sweeping hip
Inner thigh
Arm lock
Arm lock
Above only