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| Grade |
| Belt |
| Tachi-waza |
| |
| |
| Kansetsu-waza |
| Performance |
| Tachi-waza |
| |
| Ne-waza |
| Kumi-kata |
| Randori |
| |
| Personal Choice |
| Translation |

| |
|--|
| 12th to 13th Mon |
| |
| Koshi-guruma |
| Tani-otoshi |
| Yoko-guruma |
| Ude-garami |
| |
| Various kaeshi-waza |
| Ude-garami from Kuzure-kesa-gatame |
| Various right and left |
| 3 minutes |
| 4 waza individually and linked (including tachi, ne, kaeshi) |
| Above only |

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|-------------------|
| 12th to 13th Mon |
| |
| Hip wheel |
| Valley drop |
| Side wheel |
| Entangled armlock |
| |
| Various counters |
| |
| |
| |
| |
| Above only |