

Grade
Belt
Tachi-waza
<b>Performance</b>
Tachi-waza
Ne-waza
Randori
Personal Choice
Translation

14th to 15th Mon
Kata-guruma
Morote-gari
Uki-waza
Soto-ashi-dori-ouchi-gari
Uchi-kibisu-gaeshi
Yoko-kata-guruma-otoshi
Koshi-jime and Kata-te-jime from practical situations
3 minutes
2 combinations or counters
Above only

14th to 15th Mon
Shoulder wheel
Double leg grab
Floating throw
Outside leg grab major inner sweep
Inner heel trip
Side shoulder wheel body drop
Hip strangle and Single hand strangle
Above only