Grade	17th to 18th Mon	17th to 18th Mon
Belt	III	III
Tachi-waza	Sode-tsuri-komi-goshi	Sleeve lift pull hip
	Te-guruma	Hand wheel
	Ko-uchi-gake-mata-maki-komi	Minor inner hook thigh winding
	Yoko-kata-guruma-otoshi	Side shoulder wheel body drop
Shime-waza	San-gaku-jime	Triangular strangle
Performance		
Tachi-waza	2 versions of Sumi-gaeshi	
Ne-waza	San-gaku gatame, jime and osae-gatame from practical situations	
Randori	3 minutes	
Personal Choice	4 waza individually and linked (including tachi, ne, kaeshi) or BJA award**	
Translation	Above only	Above only