Grade	7th to 8th Mon	7th to 8th Mon
Belt	II	II
Tachi-waza	Ko-soto-gari	Minor outer reaping
	Ko-soto-gake	Minor outer hook
	Morote-seoi-nage	Two handed shoulder
Performance		
Combination	Ko-uchi-gari into Morote-seoi-nage	
Counter	Tai-otoshi by Ko-soto-gake	
Ne-waza	Escape into Yoko-shiho-gatame from between Uke's legs	
	Straddle turn over into Tate-shiho-gatame	
Randori	3 minutes	
Personal Choice	Three favourite waza	
Terminology, Etiquette and Translations (including all above)	Referee signal for matte, osae-komi, toketa and adjusting judogi	
	Two actions breaching contest rules	
	Shido/ Hansoku-make	Light penalty/ Disqualification