

Grade
Belt
Tachi-waza
Performance
Combination
Ne-waza
Randori
Personal Choice
Terminology, Etiquette and Translations (including all above)

8th to 9th Mon
Seoi-otoshi
O-soto-gari
Ippon-seoi-nage into Ko-uchi-gake
Any technique with Seoi-otoshi
Single arm roll
Double arm roll
3 minutes
Three favourite waza
Two grips breaching contest rules
Hiki-wake
Hantei

8th to 9th Mon
Shoulder drop
Major outer reap
Draw
Decision