

9 MON

Grade
Belt
Tachi-waza
Performance
Combination
Ne-waza
Randori
Personal Choice
Terminology, Etiquette and Translations (including all above)

8th to 9th Mon
Seoi-otoshi
O-soto-gari
Ippon-seoi-nage into Ko-uchi-gake
Any technique combined with Seoi-otoshi
Single arm roll turnover (Tori on all fours)
Double arm roll turnover (Uke on all fours)
3 minutes
Demonstrate three favourite waza
Demonstrate two grips breaching contest rules
Explain the meaning of Hiki-wake
Explain the meaning of Hantei

8th to 9th Mon
Shoulder drop throw
Major outer reaping throw
Take part in a 3 minute light randori
Techniques must be named
Contest drawn
Referee calls for decision after golden score is drawn